

Yendem



Common Name

English :Indo-Malayan Taro/Common aroid

Hindi :Mankhanda

Manipuri :Yendem

Scientific Name

Group :Angiosperm (Monocotyledon)

Family :Araceae

Genus :Alocasia

Species :indica (Roxb.) Schott.

Habit :Robust rhizomatous herb

Parts Used :Rhizome, Leaf and Petiole

Mode of Preparation :Petiole cooked for consumption. Leaf lamina roasted for local application on boils. Rhizome is boiled or steamed for consumption. Whole plant is used as common vegetable.

Mode of use :Decoction, Fresh and Local Application

Ingredients :Rhizome is rich in starch. oxalic acid, calcium oxalate flavonoids, cyanogenic glycosides, alocasin, cholesterol, b-sitosterol, amino acids, citric acid, malic acid, ascorbic acid, glucose, fructose and sucrose, etc. are reported in the plant.

Ailment Treated:Cooked petiole is good as blood purifier. Roasted leaf is good for local application on boils. Leaves styptic and astringent.

Source: Generally cultivated in home garden & found sold in the markets.