

Tharo angouba



Common Name

English :European white water-lily

Hindi :

Manipuri :Tharo angouba

Scientific Name

Group :Angiosperm (Dicotyledon)

Family :Nymphaeaceae

Genus :Nymphaea

Species :alba Linn.

Habit :Aquatic rooted herb

Parts Used :Rhizome, Flower and Fruit

Mode of Preparation :Flower and fruit boiled for extract. Rhizome boiled for extract. Rhizome, flower/ fruit soaked in water for infusion. Petioles and flowers edible as salad.

Mode of use :Decoction, Infusion

Ingredients :Alcoholic extract of rhizome contains alkaloid 'Nymphaeine'. It has a mild sedative and spasmolytic action, but in excess causes paralysis. Rhizome contains alkaoids, resin, glycosides and tannins.

Ailment Treated:Decoction of rhizome given in diarrhoea. Infusion of flowers and fruits is used in diarrhoea. Roots and rhizomes are astringent, antiseptic, slightly narcotic and can be used for dysentery.

Source:Generally grown in ponds and lakes.