

Thabi



Common Name

English :Cucumber

Hindi :Khira

Manipuri :Thabi

Scientific Name

Group :Angiosperm (Dicotyledon)

Family :Cucurbitaceae

Genus :Cucumis

Species :sativus Linn.

Habit :Annual creeper/climber

Parts Used :Seed, Fruit

Mode of Preparation :Fruit crushed with water for juice. Fruit boiled with water for extract. Fruit crushed for paste preparation. Fruits are used in salads.

Mode of use :Decoction, Fresh and Local Application

Ingredients :Seed kernel is rich in phosphates. Fruit is rich in vitamin B1.Linoleic acid , b-sitosterol. Rich in proteolytic enzymes, ascorbic acid oxidase, malic and succinic dehydrogenases .

Ailment Treated:Fresh fruit juice is good for local application on burns. Fruit extract is good in stomach problems. Fruit paste is good for local application on skin. Seeds are tonic, antipyretic, purgative and diuretic.

Source:Extensively cultivated in both valley and hilly areas

of Manipur.