

Tersing nambi



Common Name

English : Mexican tree

Hindi : Khatua

Manipuri : Tersing nambi

Scientific Name

Group : Angiosperm (Dicotyledon)

Family : Chenopodiaceae

Genus : Chenopodium

Species : ambrosioides Linn.

Habit : Foetid undershrub

Parts Used : Whole plant

Mode of Preparation : Fresh leaves crushed with water for paste.

Mode of use : Fresh

Ingredients : The plant contains a volatile oil and triterpenoid saponins. Ascaridol is a powerful worm expellent. Triterpene glucosides – chenopodosides A and B isolated; oil contained high content of ascaridole along with xylene isomers, p-cymene, an alcohol and four carboxylic acids; essential oil contained major constituent (-) pincarveol and (+) a-pinene and ascaridiol.

Ailment Treated: Essential oil from the plant is used against gout and skin diseases. Leaf paste is used in antispasmodic properties, muscle relaxing action, spasmodic, cough and

asthma.

Source: Wild in wastelands and river banks; non-marketable.