

# Terapaibi



## Common Name

**English :**

**Hindi :**

**Manipuri :** Terapaibi

## Scientific Name

**Group :** Angiosperm (Dicotyledon)

**Family :** Asteraceae

**Genus :** Gynura

**Species :** cusimbua (D. Don) Moore.

**Habit :** Succulent tall herb

**Parts Used :** Stem and Leaf

**Mode of Preparation :** Fresh leafy shoot is cooked/boiled for soup. Fresh shoot and leaf crushed for extract.

**Mode of use :** Decoction and Local Application

**Ingredients :**

**Ailment Treated:** Leafy shoot boiled in water is taken for stomach ulcers. Leafy shoot paste is applied externally as blood coagulant and good for healing.

**Source:** Very common along roadsides and wasteland areas of valley.