

Takhellei hangampal



Common Name

English :Spiked ginger lily

Hindi :Karpura kachari

Manipuri :Takhellei hangampal

Scientific Name

Group :Angiosperm (Monocotyledon)

Family :Zingiberaceae

Genus :Hedychium

Species :spicatum Buch.- Ham.

Habit :Rhizomatious tall aromatic herb

Parts Used :Rhizome

Mode of Preparation :Rhizome is boiled with water for consumption. Rhizome is edible (as vegetables). Flower is offered in religious ceremonies.

Mode of use :Decoction

Ingredients :Rhizome yields an essential oil.

Ailment Treated:Rhizome is eaten to cure cough, fever and dizziness. Rhizome decoction is useful as stomachic, carminative, stimulant and tonic. It is also useful in dyspepsia, liver complaints, vomiting, etc..

Source:Grown wildly nearby water bodies and also cultivated in home gardens.