

Radhika-nachom/Shitaphal



Common Name

English : Passion fruit

Hindi :

Manipuri : Radhika-nachom/Shitaphal

Scientific Name

Group : Angiosperm (Dicotyledon)

Family : Passifloraceae

Genus : Passiflora

Species : edulis Sims.

Habit : Glabrous twiner

Parts Used : Fruits and Leaves

Mode of Preparation : Fruit crushed for juice. Fruit can be made into drinks and fermented liquor. Leaves soaked into water for infusion.

Mode of use : Fresh, Infusion

Ingredients : Leaf and stem contain new cyanogenic glycosides b-D-allopyranosyloxy-2-phenylacetone nitrile and 25-b-D-allopyranosyloxy-2-phenylacetone nitrile.

Ailment Treated: Fruit juice helps in digestion. Leaf infusion is soothing. Ripe fruit is eaten raw for normal blood pressure.

Source: Cultivated in home gardens and farms. Sold in the market.