

Pheija



Common Name

English :

Hindi :

Manipuri : Pheija

Scientific Name

Group : Angiosperm (Dicotyledon)

Family : Rubiaceae

Genus : Wendlandia

Species : glabrata DC.

Habit : Small tree

Parts Used : Leaf/shoot

Mode of Preparation : Leafy shoot crushed for decoction.

Mode of use : Decoction

Ingredients : α -Carotene, tricontane, 22,23 – dihydrostigmasterol and new alkaloid – sericine and monocrotaline have been isolated.

Ailment Treated: Leafy shoot decoction is given in cough and dysentery. Young leaves eaten as vegetables.

Source: Wildly grown in hill areas.