

Phadigom



Common Name

English : Coriander

Hindi : Dhania

Manipuri : Phadigom

Scientific Name

Group : Angiosperm (Dicotyledon)

Family : Apiaceae

Genus : Coriandrum

Species : sativum Linn.

Habit : Aromatic delicate herb

Parts Used : Whole plant

Mode of Preparation : Leaves crushed for extract & warmed.

Mode of use : Fresh and Local application

Ingredients : Plant contains linalool, l-Linalyl acetate, thymol, b-caryphyllene, a-pinene, l-Limonene, b-phellandrene, citranellol, 1,8-cineole, geranyle acetate, coriandrin and dihydrocoriandrin.

Ailment Treated: The leaves are astrigent, aromatic, analgesic, anti-inflammatory and styptic. Boiled the plant extract & used as ear-drop in ear-ache. Fruits are diuretic, tonic, carminative, emollient, constipating, antipyretic and expectorant. Leaf paste is good for allergic inflammation.

Source: Generally cultivated in kitchen garden. Sold in the markets.