

# Naosek-lei



## Common Name

**English** : Sweet Basil

**Hindi** : Babui tulsi / BanTulsi.

**Manipuri** : Naosek-lei

## Scientific Name

**Group** : Angiosperm (Dicotyledon)

**Family** : Lamiaceae.

**Genus** : Ocimum

**Species** : basilicum Linn

**Habit** : Aromatic bushy herb

**Parts Used** : Leaf

**Mode of Preparation** : Fresh leafy shoot crushed for paste. Fresh leaves crushed & smashed for juice. Fresh leaves, used as spice and used in the preparation of traditional chutney.

**Mode of use** : Fresh and Local Application

**Ingredients** : Plant yields a volatile oil, Basil oil, with clove like scent.

**Ailment Treated**: Leafy shoot paste is useful for local application on forehead against fever. Leaf juice is useful in throat complaints, earache and ringworms.

**Source**: Cultivated in kitchen gardens.