

Maroi-napakpi



Common Name

English : Winter leek

Hindi :

Manipuri : Maroi-napakpi

Scientific Name

Group : Angiosperm (Monocotyledon)

Family : Liliaceae

Genus : Allium

Species : hookerii Linn.

Habit : Aromatic delicate herb

Parts Used : Whole plant

Mode of Preparation : Leaves crushed for juice. Juice is mixed with common salt. Whole plant part is used as a spices. Leaves boiled for consumption.

Mode of use : Fresh and Decoction

Ingredients :

Ailment Treated: Leaf juice is useful for stomach ulcers. Consumption of fresh leaves is useful for reducing high blood pressure. Boiled leaf is useful against calculi formation inside the body.

Source: Generally cultivated in the home gardens & found sold in the markets.