

Lai-kham



Common Name

English :

Hindi :

Manipuri : Lai-kham

Scientific Name

Group : Angiosperm (Dicotyledon)

Family : Annonaceae

Genus : Goniothalamus

Species : sesquipedalis (Wallich) Hook. f. & Thomson.

Habit : Sparingly branched evergreen shrub

Parts Used : Flower & Leaf

Mode of Preparation : Leaves boiled for extract. Leafy shoot dried and burnt for fumes.

Mode of use : Fumigation, Decoction

Ingredients : A new 5,6-dihydro-7-pyrone-6(7,8-dihydro-7,8-dihydroxystyryl)-5,6-dihydro-5-hydroxy-2-pyrone isolated from leaves and twigs along with 6-(7,8-dihydroxystyryl)-5,6-dihydro-2-pyrone and goniopedaline isolated from leaves and twigs and characterised as 10-amino-3-hydroxy-2,4-dimethoxyphenanthrene-1-carboxylic acid lactam; aristololactum acetate, β -sitosterol and its glucoside also isolated.

Ailment Treated: Leaf extract is given during delivery for purification of bloods. Plant fume is used as an insecticide

and was given in small pox. Leaf boiled soup is used to take bath for new born child.

Source: Grown wildly in hilly regions of Manipur. Found sold in the local markets.