

Kona



Common Name

English :Palmyra palm

Hindi :Tar

Manipuri :Kona

Scientific Name

Group :Angiosperm (Monocotyledon)

Family :Arecaceae

Genus :Borassus

Species :flabellifer Linn.

Habit :Palm tree with top bulky canopy

Parts Used :Flower, Fruit, Leaf & Root

Mode of Preparation :Seed and pulp of tender fruits are edible. Leaf stalk crushed with water for juice extract cotyledons in germinating seeds are edible; tender shoots are also eaten.

Mode of use :Fresh

Ingredients :Tree yields a black gum. It contains iron, protein, sucrose, glucose, thiamine, riboflavin, nicotinic acid and vitamin C are reported.

Ailment Treated:Roots are cooling, restorative, diuretic and stimulant. Juice of plant is diuretic, stimulant and dropsy. Pulp is demulcent and nutritious. The juice of the leaf stalks and young root is good for gastric catarrh and hiccough. Fruits are cooling, laxative, sedative, stomachic and

aphrodisiac. Juice of the leaf stalks and young roots is good for gastric catarrh and hiccough.

Source: Cultivated as ornamental and avenue tree.