

Komprek tusombi



Common Name

English :

Hindi : Harkuch

Manipuri : Komprek tusombi

Scientific Name

Group : Angiosperm (Dicotyledon)

Family : Asteraceae

Genus : Enhydra

Species : fluctuans Lour.

Habit : Aquatic succulent herb

Parts Used : Whole plant

Mode of Preparation : Leaves eaten as a vegetable; also used in salads. Whole plant cooked for decoction and soup extract.

Mode of use : Decoction

Ingredients : Four new esters (Tiglate, 4-hydroxymethacrylate, 4-hydroxyliglate and 2,3-epoxyisobutyrate) of 8-desacylenhyren and 8-b-methacryloxy-9-a-acetoxy-14-oxo-acanthospermolide have been isolated from the aerial parts.

Ailment Treated: Decoction of the plant is used in urinal troubles, diarrhoea and dysentery.

Source: Common in the valley on rich damp soil and wetlands.