

Kihoree



Common Name

English :Star gooseberry

Hindi :

Manipuri :Kihoree

Scientific Name

Group :Angiosperm (Dicityledon)

Family :Euphorbiaceae

Genus :Phyllanthus

Species :acidus (Linn.) Skeels

Habit :Small tree

Parts Used :Root, Fruit and leaves.

Mode of Preparation :Fruit crushed for extract. Root and seed crushed with water for decoction use. Leaves and root crushed for paste use. Fruits edible.

Mode of use :Decoction & Fresh

Ingredients :Root bark contains 18% tannin. Fruits are good source of vitamin C.

Ailment Treated:Root and seed decoction is cathartic. Leaves and roots paste are used as antidote to viper venom. Raw fruits are good for dyspepsia and jaundice.

Source:Occasionally cultivated in home gardens.