

# Khongdrum



## Common Name

**English** :Bottle gourd

**Hindi** :Lauki

**Manipuri** :Khongdrum

## Scientific Name

**Group** :Angiosperm (Dicotyledon)

**Family** :Cucurbitaceae

**Genus** :Lagenaria

**Species** :siceraria (Mol.) Standley.

**Habit** :Robust climber

**Parts Used** :Root, Flower and Fruit

**Mode of Preparation** :Fruit pulp is ground with exoskeleton of Cobra snake and mustard oil for fumigation purpose. Matured fruit is crushed for paste application. Seeds crushed with little water for paste. Root is crushed for paste use. Fruit is edible.

**Mode of use** :Fumigation, Fresh & Local Application

**Ingredients** :Raw fruit is rich in Ca, Fe, K, I, Vitamin B-complex and Vitamin C. Seeds yield an edible oil.

**Ailment Treated**:Fumes of mixture of fruit pulp exoskeleton of Cobra and mustard oil is used for easy child delivery (passing over vagina). Fruit paste is used to reduce skin discoloration. Flowers are antidote to food poisoning. Fresh fruit juice is used for pimples. Root paste is applied on

forehead during headache.

**Source:**Extensively cultivated in the valley areas.