

Kanghu



Common Name

English :Greater galangal

Hindi :Kulanjan

Manipuri :Kanghu

Scientific Name

Group :Angiosperm (Monocotyledon)

Family :Zingiberaceae

Genus :Alpinia

Species :galanga Willd.

Habit :Gregarious slender aromatic herb

Parts Used :Stem, Rhizome and Leaf

Mode of Preparation :Fresh rhizome crushed for paste. Root crushed & mixed with water for root juice preparation. Rhizome eaten. Seed ground into powder.

Mode of use :Fresh and Local Application

Ingredients :Major Essential oil 1,2 (0.4%) (α -pinene, β -pinene, Limonene, terpinen-4-ol, α -terpineol, Linalool, methyl eugenol, eugenol and 1,8-cineole), Quercetin, Kaempferol, galangin, etc.

Ailment Treated:Juice of rootstock is abortifacient, fresh rhizome paste is used for intestinal worms, fever, cough, and excessive body temperature. Leaf-extract mixed with sugar is given in dysentery. Dried rhizomes used in rheumatism and bronchial problems . Seeds are used for colic, diarrhoea and

vomiting.

Source: Grown in shade condition and wetlands. Cultivated in kitchen gardens.