

Illaichi achouba



Common Name

English : Large cardamon

Hindi : Bara illaichi

Manipuri : Illaichi achouba

Scientific Name

Group : Angiosperm (Monocotyledon)

Family : Zingiberaceae

Genus : Amomum

Species : subulatum Roxb.

Habit : Rhizomatous tall herb

Parts Used : Seed

Mode of Preparation : Seeds crushed for decoction. Seeds ground into powder. Tender shoot is edible.

Mode of use : Decoction

Ingredients : Seeds contain the glycosides, petunidin, 3,5 - diglucoside, cardamonin, leucocyanidin, subulin and luecocyandin.

Ailment Treated: Seed powder is used in high blood pressure. Seed oil is applied to inflamed eyelids. Decoction of seed is used as gargle in affection of teeth and gums.

Source: Cultivated in higher altitude.