

Huikhong



Common Name

English : Viola

Hindi : Banafshah

Manipuri : Huikhong

Scientific Name

Group : Angiosperm (Dicotyledon)

Family : Violaceae

Genus : Viola

Species : pilosa Blume

Habit : Slender delicate herb

Parts Used : Whole plant

Mode of Preparation : Fresh leaf crushed with water for juice. Flowers crushed with water for decoction. Whole plant is taken as fresh and boiled.

Mode of use : Fresh

Ingredients : Roots contain glucoside methyle salicylate, yeilds an alkaloid, violine, a glycoside, viola quercitrin. Roots, leaves and blossoms contain methyl salicylate in the form of a glucoside. Roots contain saponin and an allkaloid.

Ailment Treated: Leaf juice is given in stomach ulcer, cough and cold. Decoction of flower is used for improvement of general complexion. Whole plant is used in cooling, demulcent, diaphoretic, diuretic, emetic, emollient, expectorant, febrifuge and purgative.

Source: Grown wildly in low altitude hills and found sold in the local markets.