

Heirongkak



Common Name

English :Straw berry

Hindi :

Manipuri :Heirongkak

Scientific Name

Group :Angiosperm (Dicotyledon)

Family :Rosaceae

Genus :Fragaria

Species :indica Linn.

Habit :Straggling slender herb

Parts Used :Whole plant

Mode of Preparation :Whole plant is boiled for extract.

Mode of use :Decoction

Ingredients :Leaves contain flavonoids, tannin and a volatile oil. Fruit contains a volatile oil with methyl salicylate and borneol.

Ailment Treated:Whole plant parts boiled in water with other plant constituents and sugar candy and the soup is taken in large quantity against stone formation in the urinary tract and in kidney. Fruit is tonic and diuretic.

Source:Wild and very common in shady places in the valley.