

Heirikokthong



Common Name

English : Monkey jack tree

Hindi : Barhal

Manipuri : Heirikokthong

Scientific Name

Group : Angiosperm (Dicotyledon)

Family : Moraceae

Genus : Artocarpus

Species : lakoocha Roxb.

Habit : Handsome tree

Parts Used : Bark, Fruit & Seed

Mode of Preparation : Dried bark ground into powder. Fruits are edible.

Mode of use : Fresh

Ingredients : Wood contain galangin, artocarpin & cycloartocarpin. Bark yields b-sitosterol, cycloartenol, a-amyrin and lupeol acetate. The heartwood contains artocarpin, norartocarpin & oxyresveratol.

Ailment Treated: Ripe fruit pulp is taken in constipation and fever. Bark powder is antiseptic and applied to pimples and cracked skin. Seeds are purgative.

Source: Wildly grown in both hills and valley areas. Occasionally cultivated as avenue tree.