

# Chengkruk



## Common Name

**English** :Amaranth

**Hindi** :

**Manipuri** :Chengkruk

## Scientific Name

**Group** :Angiosperm (Dicotyledon)

**Family** :Amaranthaceae

**Genus** :Amaranthus

**Species** :viridis Linn.

**Habit** :Delicate herb

**Parts Used** :Leaf/Shoot

**Mode of Preparation** :The young shoot and tender leaves are used as vegetables.

**Mode of use** :Fresh

**Ingredients** :Alcoholic extract which exhibited larvicidal activity.

**Ailment Treated**:Leaves are emollient, liver tonic and are eaten as vegetables to improve health. The plant is used in snake-bite.

**Source**:Extensively grown in wild habitat in valley areas.