

Chengkruk tingkhang panbi



Common Name

English : Prickly amaranth

Hindi : Kateli

Manipuri : Chengkruk tingkhang panbi

Scientific Name

Group : Angiosperm (Dicotyledon)

Family : Amaranthaceae

Genus : Amaranthus

Species : spinosus Linn.

Habit : Spiny herb

Parts Used : Whole plant

Mode of Preparation : Leafy shoot crushed with lime for paste. Leaves crushed for paste and extract. Leaves crushed & soaked in water for infusion. Leaves boiled for extract or cooked with common salt for consumption. Leaf & tender shoot cooked-eaten.

Mode of use : Decoction, Fresh, Local Application

Ingredients : Higher alkanes and their methyle derivatives, higher aliphatic alcohols, acids and esters, amino acids, b-sitosterol, cholesterol, etc. are reported present in the plant.

Ailment Treated: Leaf extract is taken for regulation of blood pressure. Cooked leafy shoot is eaten in diabetes. Leafy shoot paste with lime is good for local application on skin sores

for early healing. Leaf paste is applied on boils and burns.
Leafy shoot infusion is good in eczema .

Source:Extensively grown in wild habitat in valley areas.