

Charoi utong



Common Name

English :

Hindi : Bharangi

Manipuri : Charoi utong

Scientific Name

Group : Angiosperm (Dicotyledon)

Family : Verbenaceae

Genus : Clerodendrum

Species : siphonanthus R. Br.

Habit : Tall undershrub.

Parts Used : Bark, Wood, Leaf.

Mode of Preparation : Leaves crushed for paste and the paste is mixed with little honey for consumption. Stem dried partially & burnt for smoke. Stem bark dried & ground to powder and then mixed with honey. Root is crushed for decoction. Leaf cooked eaten (traditional dish called as 'Ootti').

Mode of use : Fumigation, Decoction, Fresh

Ingredients :

Ailment Treated: Leaf paste with honey is taken against cough, fever and dysentery. Semi-dried stem is smoked against asthma and bronchitis. Root decoction is given in bronchitis . Bark powder with honey is given in asthma.

Source: Grown wildly in valley and low altitude hills.