

Chantrukman



Common Name

English :Bitter cress

Hindi :

Manipuri :Chantrukman

Scientific Name

Group :Angiosperm (Dicotyledon)

Family :Brassicaceae

Genus :Cardamine

Species :hirsuta Linn

Habit :Delicate herb

Parts Used :Leaf & shoot

Mode of Preparation :Leafy shoot cooked for consumption. Shoot occasionally eaten cooked.

Mode of use :Decoction

Ingredients :Leaves and flowers contain essential oils.

Ailment Treated:Cooked plant is eaten to enhance urination.

Source:Grown plenty in wild habitat.